



Type of competition Date and Time	Organiser and location	Overall cost – Including running, venue and transport cost	Details – number of children per team and number of teams that can enter	Schools taking part	Date for Allerdale (level 2) and County (level 3) finals
KEY STAGE 1					
KS1 Football 8 th October 2019 KS1 morning KS1 Afternoon POSTPONED – NEW DATE TBA	Sportrek Maryport MUGA (astro next to rugby club)		Teams of 9 per Yr 1 and Yr 2	Netherton Infants Grasslot (pm only) Ellenborough and Ewanrigg Maryport Primary Dearham Primary Flimby Primary Our Lady and St Patricks Richmond Hill (pm only)	
KS1 Gymnastics 13 th November 2019	Sarah Hampson Maryport CofE Primary School		Information sent to schools	Our Lady and St Patricks Maryport Primary Dearham Primary Netherton Grasslot	
Inclusive dodgeball 27 th February 2019 9:30 – 11:30am	Dan Myles - Workington Reds Maryport Boys Club			Crosscanonby St John's Dearham Grasslot Maryport Primary Ellenborough and Ewanrigg Netherton Flimby Our Lady and St Patricks Richmond Hill	

KS1 Crosscountry Yr 1 - 2 6 th May 2020 1pm	Dearham Primary	Running cost: £5 per team per race.	Teams of 6 maximum per year group	Dearham Grasslot (1 team) Maryport Primary Ellenborough and Ewanrigg Netherton Flimby Our Lady and St Patricks Richmond Hill	
KS1 Rugby Festival 15 th May 2020 1 – 3pm	Maryport Rugby Club		Teams of 4 – 6 Coloured bibs for each team Adult to supervise each team	Crosscanonby St John's Dearham Grasslot (4 teams) Maryport Primary Ellenborough and Ewanrigg Netherton Flimby Our Lady and St Patricks Richmond Hill	
KS1 Mini Olympics 22 nd June Yr1 9:15 – 11:45am Yr2 12:45 – 3pm	Chris Wright Maryport Rugby Club			Crosscanonby St John's Dearham Grasslot (yr1 and2) Maryport Primary Ellenborough and Ewanrigg Netherton Flimby Our Lady and St Patricks Richmond Hill Northside	
KS1 Kinder Cricket 6 th July 2020	John Gibson Maryport Primary field	Running Cost: £125	15 children per team can enter 2 teams if wanted	Crosscanonby St John's Dearham Maryport Primary Ellenborough and Ewanrigg Netherton Our Lady and St Patricks	

				Richmond Hill Northside	
KEY STAGE 2					
Yr 5 – 6 high five netball 11 th October 2019 12:30 – 3pm	Chris Wright TBC Workington Sports Centre		SENT VIA EMAIL	Maryport Primary x 2 Ewanrigg Juniors x 2 Our Lady and St Patricks x 1 Richmond Hill x 1	6 th November 2019 Netherhall School
KS2 Sports Hall Athletics Yr 5 – 6 26 th November 2019 9:30 – 11:45am	Chris Wright Dearham Sports Hall		12 children per team	Flimby Our Lady and St Patricks Maryport Primary Dearham Ewanrigg Crosscanonby St John's Richmond Hill	14 th January 2020 Lakes College – C. Wright
KS2 Quick Sticks Hockey Yr 3 – 4 6th December 2019 1 – 3pm	Chris Wright (Ellie Hodgson) Ewanrigg Juniors		Can enter an A team and B team Number per team TBC	Flimby Ewanrigg Our Lady and St Patricks Maryport Primary Dearham Crosscanonby St John's Richmond Hill	February – Date TBC Wigton RUFC
KS2 Inclusive Dodgeball Yr 3 – 4 6 th February 2020 Yr 5 – 6 12 th February 2019 9:30 – 11:30am	Dan Myles - Workington Reds Maryport Boys Club		Information has been sent via email Teams of 8 (min 3 girls)	Crosscanonby St John's Dearham Maryport Primary Ewanrigg Flimby Our Lady and St Patricks Richmond Hill Northside (yr5-6 only)	
KS2 Tennis Yr 3 – 4	Rob Jefferson Ewanrigg Juniors			Crosscanonby St John's Dearham	21 st April Lakes College

11th March 2020 9:30 – 11:30am				Maryport Primary Ewanrigg Flimby Our Lady and St Patricks	9:20 – 11:30am
KS2 Football Girls yr 3 - 6 Yr 3-4 16 th April Yr 5 – 6 23 rd April 9:30 – 11:30am	Dan Myles Workington Reds Maryport MUGA (astro next to rugby club)		7 a side 2 teams per school	Dearham Maryport Primary Ewanrigg Flimby Our Lady and St Patricks Richmond Hill	
KS2 Football Yr 3 – 4 27 th April 2020 9:30 – 11:30am	Dan Myles Workington Reds Maryport MUGA (astro next to rugby club)		7 a side 2 teams per school	Crosscanonby St John's Dearham Maryport Primary Ewanrigg Flimby Our Lady and St Patricks Richmond Hill	
KS2 Football Yr 5 – 6 30 th April 2020 9:30 – 11:30am	Dan Myles Workington Reds Maryport MUGA (astro next to rugby club)		7 a side 2 teams per school	Crosscanonby St John's Dearham Maryport Primary Ewanrigg Flimby Our Lady and St Patricks Richmond Hill	
KS2 Cross- country Yr 3 - 6 6 th May 2020 1pm (first race at 1:20pm)	Dearham Primary School	Running Cost: £5 per team per race.	6 per team for all yr groups Details will be sent separately	Crosscanonby St John's Dearham Maryport Primary Ewanrigg Flimby Our Lady and St Patricks Richmond Hill Northside	

KS2 Tag Rugby Yr 3 – 4 7 th May 2020 Yr 5 – 6 21 st May 2020 9:30 – 11:30am	Dan Myles – Workington Red Ewanrigg Juniors		7-a-side with squads a maximum of 9. Squad must have a minimum of 3 girls. Maximum	Dearham Maryport Primary Ewanrigg Our Lady and St Patricks Richmond Hill (Year 3&4 only) Northside (5 – 6 only)	
KS2 Cricket Yrs 5 – 6 29 th June 2020 10:30 – 2:15pm	John Gibson Richmond Hill	Running Cost: £125	10 children per team – Mixed gender Need to bring packed lunch	Richmond Hill Crosscanonby St John's Dearham Maryport Primary Ewanrigg Northside	
Yr 5/6 swimming Gala 22 nd June 2020 Either 9:30 – 12pm Or 1pm – 3pm	Workington Leisure Centre			Dearham Maryport Primary Ewanrigg Our Lady and St Patricks Richmond Hill	