



## EWANRIGG SCHOOL WEEK 3

	CHOICE 1	CHOICE 2	CHOICE 3	CHOICE 4	SOMETHING SWEET
Monday	Cheese & Tomato Pizza served with Sweet Potato Wedges and Seasonal Veg	Vegetarian Pasta Bolognaise served with Garlic Bread and Seasonal Veg	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Strawberry Ice Cream Sponge Roll or Smoothy Style Yoghurt or Fresh Fruit
Tuesday	Crispy Chicken Burger in a Bun served with Crispy Potato Wedges and Baked Beans	Roasted Vegetable Wrap served with Crispy Potato Wedges and Mixed Salad	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	or Smoothy Style Yoghurt or Fresh Fruit
Wednesd	Sliced Ham & Yorkshire Pudding served with Herby Potatoes and Seasonal Veg	Homemade Mac 'n' Cheese served with Herby Potatoes and Seasonal Veg	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	or Smoothy Style Yoghurt or Fresh Fruit
Thursday	<b>Chicken Korma</b> served with Rice and Naan Bread	Roasted Vegetable Burrito served with Nachos and Mixed Salad	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	American Pancakes with Berries NEW  or Smoothy Style Yoghurt or Fresh Fruit
Friday	Fish Fingers served with Skinny Fries, Seasonal Veg and Tomato Ketchup	Vegetarian Chilli served with Steamed Rice and Seasonal Veg	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	or Smoothy Style Yoghurt or Fresh Fruit

Available daily fresh fruit or salad.

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.