



EWANRIGG SCHOOL WEEK 3

	CHOICE 1	CHOICE 2	CHOICE 3	CHOICE 4	SOMETHING SWEET
Monday	Cheese & Tomato Pizza served with Sweet Potato Wedges and Sweetcorn	Vegetarian Pasta Bolognese served with Garlic Bread and Sweetcorn <i>IMPROVED</i>	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Sugar Ring Doughnut or Smoothy Style Yoghurt or Fresh Fruit
Tuesday	Crispy Chicken Burger in a Bun served with Crispy Potato Wedges and Baked Beans	Roasted Vegetable Wrap served with Crispy Potato Wedges and Mixed Salad	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Rice Crispy Cake or Smoothy Style Yoghurt or Fresh Fruit
Wednesday	Sliced Ham & Yorkshire Pudding served with Herby Potatoes, Broccoli and Carrots	Homemade Mac 'n' Cheese <i>NEW</i> served with Herby Potatoes Broccoli and Carrots	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Iced Sprinkle Cupcake or Smoothy Style Yoghurt or Fresh Fruit
Thursday	Chicken Korma served with Rice, Naan Bread and Roasted Mixed Vegetables	Roasted Vegetable Burrito served with Nachos and Mixed Salad	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	American Pancakes with Berries <i>NEW</i> or Smoothy Style Yoghurt or Fresh Fruit
Friday	Fish Fingers served with Skinny Fries, Peas and Tomato Ketchup	Vegetarian Chilli served with Steamed Rice and Peas	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Homemade Lemon Drizzle Cake <i>IMPROVED</i> or Smoothy Style Yoghurt or Fresh Fruit

Available daily fresh fruit or salad.

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.