



EWANRIGG SCHOOL WEEK 3

	CHOICE 1	CHOICE 2	CHOICE 3	CHOICE 4	SOMETHING SWEET
Monday	Cheese & Tomato Pizza served with Sweet Potato Wedges and Sweetcorn	Vegetarian Pasta Bolognese served with Garlic Bread and Sweetcorn <i>IMPROVED</i>	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Sugar Ring Doughnut <i>or</i> Smoothy Style Yoghurt <i>or</i> Fresh Fruit
Tuesday	Crispy Chicken Burger in a Bun served with Crispy Potato Wedges and Baked Beans	Roasted Vegetable Wrap served with Crispy Potato Wedges and Mixed Salad	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Rice Crispy Cake <i>or</i> Smoothy Style Yoghurt <i>or</i> Fresh Fruit
Wednesday	Sliced Ham & Yorkshire Pudding served with Herby Potatoes, Broccoli and Carrots	Homemade Mac 'n' Cheese <i>NEW</i> served with Herby Potatoes, Broccoli and Carrots	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Iced Sprinkle Cupcake <i>or</i> Smoothy Style Yoghurt <i>or</i> Fresh Fruit
Thursday	Chicken Korma served with Rice, Naan Bread and Roasted Mixed Vegetables	Roasted Vegetable Burrito served with Nachos and Mixed Salad	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	American Pancakes with Berries <i>NEW</i> <i>or</i> Smoothy Style Yoghurt <i>or</i> Fresh Fruit
Friday	Fish Fingers served with Skinny Fries, Peas and Tomato Ketchup	Vegetarian Chilli served with Steamed Rice and Peas	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos	Homemade Lemon Drizzle Cake <i>IMPROVED</i> <i>or</i> Smoothy Style Yoghurt <i>or</i> Fresh Fruit

Available daily fresh fruit or salad.

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.