

## Upper School Cycle A

<p><b>Autumn 1</b></p>	<p>Core Theme 3 Unit 1 LESSON 1: Structure – Just Imagine ...            Core Theme 3 Unit 1 LESSON 2: Law and Order – In Charge            Core Theme 3 Unit 1 LESSON 3: U.N. Rights – Our Rights            Safe Zone Year Five LESSON 1: Privacy and Security</p>
<p><b>Autumn 2</b></p>	<p>Core Theme 2 Unit 4 LESSON 5: Online Relationships – A Risky Business            Core Theme 1 Unit 5 LESSON 1: Drugs – Just Say No!            Core Theme 1 Unit 5 LESSON 2: Alcohol – Drink Aware            Core Theme 1 Unit 4 LESSON 1: Death and Grief - It's Natural            Core Theme 1 Unit 4 LESSON 2: Death and Grief - Poppies            Safe Zone Year Five LESSON 2: Self Image and Identity</p>
<p><b>Spring 1</b></p>	<p>Core Theme 1 Unit 4 LESSON 3: Managing Conflict: Families at War            Core Theme 1 Unit 5 LESSON 3: Tobacco – Up in Smoke            Core Theme 1 Unit 5 LESSON 4: Substance Abuse – Let's Be Frank            Safe Zone Year Five LESSON 3: Online Reputation and Managing Online</p>
<p><b>Spring 2</b></p>	<p>Core Theme 1 Unit 1 LESSON 1: Physical, Emotional and Mental – 3-Dimensional            Core Theme 1 Unit 1 LESSON 2: Physical, Emotional and Mental – What's Puberty?            Core Theme 1 Unit 1 LESSON 3: Healthy Lifestyles – You Choose!            Safe Zone Year Five LESSON 4: Health, Well-being and Lifestyle</p>
<p><b>Summer 1</b></p>	<p>Core Theme 1 Unit 2 LESSON 1: Food Choices – Secret Eaters            Core Theme 2 Unit 1 Lesson 1: Confidentiality - Secret Eaters            Core Theme 2 Unit 4 LESSON 1: Physical Contact – Touch Sensitive            Safe Zone Year Five LESSON 5: Copyright and Ownership</p>
<p><b>Summer 2</b></p>	<p>Core Theme 1 Unit 5 LESSON 5: Basic First-Aid – First Aids Tips            Safe Zone Year Five LESSON 6: Online Relationships and Online Bullying  <a href="#">Substance-Related Abuse Lessons 1-5 (Optional Unit)</a></p>

